

SANDWICHES



E Cheese & Tomato	\$ 4.0
E Ham & Cheese	\$ 4.0
E Ham, Cheese & Tomato	\$ 4.8
E Egg & Lettuce	\$ 4.8
E Curried Egg & lettuce	\$ 4.8
E Sweet Chilli Chicken, Lettuce & SC Mayo	\$ 5.0
E Chicken, Lettuce & Mayo	\$ 5.0
E Salad	\$ 5.0
E Chicken, Cheese & Tomato	\$ 5.0
E Chicken Caesar	\$ 5.0
E Ham & Salad	\$ 5.0
E Chicken & Salad	\$ 5.0
Gluten Free Bread	Add \$ 0.5

WRAPS

SINGLE \$ 3.8		DBL
E Sweet Chilli Chicken	lett, sweet chilli & mayo	\$ 6.8
E Salad	lettuce, tomato, cucumber, beet, carrot	\$ 6.8
E Chicken, Lettuce & Mayo		\$ 6.8
E Chicken Caesar Salad		\$ 7.2
E Ham & Salad		\$ 7.2
Available By Pre Order Before 10am		
E Egg & Lettuce	with mayo	\$ 6.5
E Curried Egg & lettuce	with mayo	\$ 6.5
E Ham, Cheese, Tomato & Lettuce		\$ 6.5
E Chicken, Cheese, Tomato & Lettuce		\$ 6.5
E Chicken & Salad		\$ 7.2
E Falafels	with lettuce, tomato & aioli	\$ 7.2
Gluten Free Wrap		Add \$ 0.5

CRUNCHY ROLLS

E Salad	lettuce, tomato, cucumber, beet, carrot	\$ 6.9
E Egg & Lettuce	with mayo	\$ 6.9
E Sweet Chilli Chicken	lett, sweet chilli & mayo	\$ 6.9
E Chicken, Lettuce & Mayo		\$ 6.9
E Ham & Salad		\$ 6.9
E Hot & Spicy Chicken Schnitzel		\$ 6.9
E Hot Chicken & Gravy		\$ 6.9
Available By Pre Order Before 10am		
E Falafels	with lettuce, tomato & aioli	\$ 6.9

\$2
MINIMUM
PURCHASE



SALADS



E Watermelon Bowl	\$ 5.9
E Fruit Salad Bowl	\$ 6.4
E Garden GF	lett, tomato, cucumber, beet, carrot \$ 6.4
E Caesar	lettuce, croutons, egg, cheese \$ 6.4
E Sweet Chilli Chicken	lett, tom, cheese, sc mayo \$ 6.9
E Chicken Caesar	\$ 6.9
E Creamy Chicken Pasta Salad	\$ 6.9
Available By Pre Order Before 10am	
E Ham & Garden Salad GF	\$ 6.9
E Chicken & Garden Salad GF	\$ 6.9
E Egg & Garden Salad GF	\$ 6.9

SUSHI

E Sweet Chilli Chicken	\$ 4.3
E Tuna GF	\$ 4.3
E Vegetarian GF	\$ 4.3

BREAKFAST

Before 9:30am

E Seasonal Fruit Pieces GF	\$ 1.8
E Watermelon Bowl	\$ 5.9
E Fruit Salad Bowl	\$ 6.4
O Muffin	\$ 4.5
E Yoghurt	Vaalia Yoghurt Vanilla \$ 4.0
O Hash Brown	\$ 1.6
E Cheese Toasted Wrap	\$ 3.6
E Ham & Cheese Toasted Wrap	\$ 4.5
E Ham, Cheese & Tomato Toasted Wrap	\$ 4.8
O Bacon & Egg Roll	\$ 5.5

SNACKS



E Popcorn GF	\$ 1.2
O Brownie	\$ 1.2
O Jelly Bowl GF	\$ 2.5
O Banana Bread Or Chocolate Bread	\$ 3.2
O Piranha Rice Snaps GF	vege crackers \$ 3.2
O Chips	\$ 3.6
O Muffin	\$ 4.5
E Sour Snap Stix	\$ 1.2
E Frozen Juice Cup	\$ 1.6

EXTRAS

E Sauce Or Dressing Portions	\$ 0.5
E Sour Cream - Gravy - Cheese	\$ 0.6
Container & Lid	\$ 1.0
Utensils	\$ 0.2
Wicked Fizz	3 For \$2.2 Each \$ 0.8

RICE & PASTA



REG		LGE
E Butter Chicken	with rice GF	\$ 4.8 \$ 7.2
E Bolognese Pasta	rich beef sauce	\$ 4.8 \$ 7.2
E Fettucine Carbonara	with chicken	\$ 4.8 \$ 7.2
E Roast Vegetable Pasta	tomato sauce	\$ 4.8 \$ 7.2
E Fried Rice	chicken & veg	\$ 4.8 \$ 7.2
E Creamy Chicken & Pasta Salad	cold	\$ 6.5

PASTRIES

O Sausage Roll	regular \$ 4.2
O Meat Pie	\$ 5.5
O Spinach & Ricotta Roll	V \$ 5.9
O Pepper Steak Pie	\$ 5.9
O Potato Top Beef Pie	\$ 6.2

TOASTED WRAPS

E Sweet Chilli Chicken	cheese, sweet chilli mayo \$ 6.5
E BBQ Chicken & Cheese	\$ 6.5
E Mexican Chicken	\$ 6.5

DRINKS

E Popper Juice	Apple, Orange, ABC \$ 2.5
E Water	Mt Franklin \$ 3.0
E Mineral Water	\$ 4.0
E Ice Tea	\$ 4.8
E Aloe Vera	\$ 4.8
E Pump Water	\$ 5.3
E Oak Milk	300ml \$ 3.2
E Oak Milk	500ml \$ 5.4
E Ice Break Coffee	\$ 6.0
E Up N Go	\$ 3.8
E Hot Chocolate	\$ 3.5
E Soft Drink	300ml No Sugar \$ 3.3
E Soft Drink	Bottle No Sugar \$ 5.6
E Powerade	No Sugar \$ 5.6

GLUTEN FREE

REG		LGE
E Butter Chicken	with rice GF \$ 4.8	\$ 7.2
O Chicken Nuggets	x 6 GF	\$ 5.5
Nachos		
O Beef GF	beef mince, cheese \$ 6.4	
O Vegetarian GF	salsa, lettuce, cheese \$ 6.4	
O Cheese GF	cheesy sauce \$ 6.4	

Ask at the counter for many more Gluten Free Items

SNACK PACKS

O Spicy Chicken Wings (2) & Potato Wedges	\$ 7.5
O Doner Kebab Meat & Potato Wedges	\$ 9.5
E Doner Kebab Meat & Salad	\$ 9.5

DONER KEBABS

E Doner Kebab & Cheese	BBQ sauce \$ 7.5
E Doner Kebab & Salad	BBQ sauce \$ 8.5

BURGERS

E Chicken Burger	lettuce & mayo \$ 5.8
E Chicken & Cheese Burger	\$ 5.8
E Hot & Spicy Chicken Burger	lettuce & mayo \$ 6.5
E Cheese Burger	\$ 6.2
E Aussie Burger	lettuce, tomato, beetroot, BBQ \$ 6.5
E Vege Burger	smashed falafels, lett, tom, aioli \$ 6.5



AVAILABLE
TUESDAY
TO
THURSDAY

PIZZA

E Cheese	tomato sauce \$ 4.8
E Pepperoni	cheese, tomato sauce \$ 5.5
E Kebab Meat, Cheese & BBQ sauce	\$ 5.8

HOT BITES



E Spicy Chicken Wings	Each \$ 2.0
E Chicken Tenders	sweet chilli Each \$ 2.4
E Garlic Bread Loaf	\$ 3.2
E Hot Dog	tomato or BBQ sauce \$ 4.0
O Potato Wedges	\$ 4.7
O Chicken Nuggets	100% breast x 6 \$ 5.4
O Cup Of Noodles	\$ 4.0
Tom Yum - Beef - Chicken - Oriental V	

MEXICAN NACHOS

O Beef GF	beef mince, cheese \$ 6.4
O Vegetarian GF	salsa, lettuce, cheese \$ 6.4
O Cheese GF	cheesy sauce \$ 6.4
O The Lot	beef, lett, tomato, cheese, sour cream \$ 7.4